

1. What did you learn about yourself through working collaboratively in your team last quarter?
2. How can you use these skills in the "real world?"
3. What skills could you develop that would improve your experiences in the future?
4. Who in your class would you work well with that you haven't worked with before?
5. Why do you think you would work well with them?

True Colors Activity

Look at things that frustrate your color. Write down two that ring true for you. Write an example of when this happened in a team or group setting.

1.

2.

Example:

Look at things that your color does to frustrate others. Write down two that ring true for you. Write an example of when this happened in a team or group setting.

1.

2.

Example:

What is one strategy you could use to overcome the frustrations you listed?

How can you lessen the frustration you might cause others?

On the half sheet provided, draw a symbol that represents your color and include that color in your drawing. This drawing will be used as part of your group identity, so draw with intention!

## True Colors Personality Assessment

Rank each of the following in order from 1-4 with 1 = most like you 4 = least like you. Then add up each column and record the totals at the bottom.

1	Compassionate. Idealistic, affectionate, empathetic, caring, nurturing, a communicator & valuing feelings	Consistent, goal- oriented, traditional, realistic, prepared, dependable, loyal, responsible, & having leadership ability.	Flexible, easy-going, playful, clever, open to changes, having many interests, courageous, assertive, & independent	Confident, mentally strong, logical, inventive, having high expectations, knowledgeable & enjoy my own company.
2	I flourish with encouragement rather than competition	I believe that work comes before play	I enjoy freedom & independence	For me, work is play.
3	In relationships, I seek harmony, warmth & romance.	In relationships, I am serious & tend to have traditional, conservative views of love & marriage.	In relationships I thrive on physical contact & enjoy people who share my interests.	I am uneasy when my emotions get the best of me & want to establish relationships that allow me to focus my energy on my career.
4	As a child, I was imaginative & creative	As a child, I understood and respected authority and wanted to follow the rules.	As a child, I learned better by doing and experiencing rather than listening and reading.	I constantly had questions & found it necessary to respect a teacher before I could learn from them.
5	Authentic Harmonious Compassionate	Parental Traditional Responsible	Active Opportunistic Spontaneous	Versatile Inventive Competent
6	Unique Empathetic Communicative	Practical Sensible Dependable	Competitive Impetuous Impactful	Curious Conceptual Knowledgeable
7	Devoted Warm Poetic	Loyal Conservative Organized	Realistic Open-Minded Adventuresome	Theoretical Seeking Ingenious
8	Tender Inspirational Dramatic	Concerned Procedural Cooperative	Daring Impulsive Fun	Determined Complex Composed
9	Vivacious Affectionate Sympathetic	Orderly Conventional Caring	Exciting Courageous Skillful	Philosophical Principled Rational
total				

Blue

Gold

Orange

Green